



Fundamentals of Palliative Care

Blended Learning Options 2024

This programme is designed for any healthcare worker caring for people with a palliative care need. Being educated about palliative care will help you improve the assessment and outcomes for people in your care, their family and whānau, as well as yourself and other healthcare workers.

There are 4 online modules, beginning with Essence, followed by 3 face to face workshops.

- **Essence** - focuses on what Palliative Care is and what is meant by a palliative approach to care.
- **The Palliative Care Approach** - focuses on ethics, communication and spirituality.
- **Managing Pain & Long-term Illnesses** - this is split into two topics - how to recognize pain and pharmacological & non-pharmacological treatments - Chronic Illness and Dementia covers recognizing these aspects & the challenges that people face
- **Care & Support at the End of Life** - is about the last days of life, loss and grief, with a focus on how to care and support people and their family and whānau

Workshop 1: The Palliative Care Approach

Cost \$25.00

10 April – 1 to 4pm

7 August – 1 to 4pm

Workshop 2: Managing Pain & Long-term Illnesses

Cost \$65.00

15 May – 12.30 to 5pm

11 September – 12.30 to 5pm

This workshop is longer to include a Pharmacology component.

Workshop 3: Care & Support at the End of Life

Cost \$25.00

5 June – 1 to 4pm

16 October – 1 to 4pm

Note: All sessions are held on a Wednesday.

You must complete the online training before attending any workshops.

To enroll, visit the Knowledge Hub online at: knowledgehub.hospice.org.nz

Course content available after CHT Education Team has activated your registration.

Once you have completed a topic, you will get a certificate to recognize this online achievement. However, to complete the FULL programme you need to attend the corresponding face to face workshop as well.

**For further information or to make a booking
 contact Shri (Education Manager) or Vicki (Education Admin)**

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