



# Fundamentals of Palliative Care

## Blended Learning Options 2025

This programme is designed for any healthcare worker caring for people with a palliative care need. Being educated about palliative care will help you improve the assessment and outcomes for people in your care, their family and whānau, as well as yourself and other healthcare workers.

There are 4 online modules, beginning with Essence, followed by 2 face to face workshops.

- **Essence** - focuses on what Palliative Care is and what is meant by a palliative approach to care.
  - **The Palliative Care Approach** - focuses on ethics, communication and spirituality.
- **Managing Pain & Long-term Illnesses** - this is split into two topics - how to recognize pain and pharmacological & non-pharmacological treatments - Chronic Illness and Dementia covers recognizing these aspects & the challenges that people face
- **Care & Support at the End of Life** - is about the last days of life, loss and grief, with a focus on how to care and support people and their family and whānau

**Combined Workshop:  
The Palliative Care Approach & Care & Support at the End of Life**  
Cost \$100.00

**1 April – 9am to 4pm Tuesday**

**21 July – 9am to 4 pm Monday**

**Prerequisite online component:**

- Essence of Palliative Care
- The Palliative Care Approach
- Care & Support at the End of Life

**Clinical Workshop: Managing Pain & Long-term Illnesses**

Cost \$65.00

**21 May – 12.30 to 5pm Wednesday**

**8 October – 12.30 to 5pm Wednesday**

**Prerequisite online component:**

- Essence of Palliative Care
- Managing Pain & Long-term Illness and Pharmacology

*These workshops can be attended in any order; however, the online training must be completed before attending any workshop. The introductory module 'Essence of Palliative Care' only needs to be completed once. Complete the other corresponding online module/s before attending the workshop.*

**To enrol, visit the Knowledge Hub online at: [knowledgehub.hospice.org.nz](http://knowledgehub.hospice.org.nz)**

*Course content will be available after the CHT Education Team has activated your registration.*

*Once you have completed a topic, you will get a certificate to recognize this online achievement. However, to complete the FULL programme you need to attend the corresponding face to face workshop as well.*

**All Workshops are held in Elms House, Cranford Hospice, 304 Knight Street, Hastings**

**For further information or to make a booking  
contact Shri (Education Manager) or Vicki (Education Admin)**

**Website: [www.cranfordhospice.org.nz](http://www.cranfordhospice.org.nz)**

**Email: [education@cranfordhospice.org.nz](mailto:education@cranfordhospice.org.nz)**