

## Fundamentals of Palliative Care (FOPC)

FOPC is now a blended learning programme to give an overview of Palliative Care. There are five online modules and three face to face Workshops.

For more information and to enroll, visit the Knowledge Hub online at [knowledgehub.hospice.org.nz](https://knowledgehub.hospice.org.nz)

**NB** You must complete the online training **before** attending any workshops.

## HNZ Palliative Care for Caregivers

One day training ideal for new carers looking at caring for people with palliative needs. Course explores palliative care philosophy, pain and symptom management, communication, last days of life and bereavement.

## HNZ Syringe Driver Training

**Initial/Blended** - consists of online training (theory and a medication test), followed by a face-to-face competency workshop. Sign up for the online learning at:

<https://paled.elearning.org.nz>

**NB** You must complete the Online training **before** attending the practical workshop for the Blended Learning Option.

**Refresher** - is intended for nurses who are certified & need re-certification.

## Advance Care Planning (ACP) Level 1A

ACP is the process of thinking about, talking about and planning for future healthcare and end of life care. These workshops are for health professionals wanting to help advance the use of ACP with those they care for.

## Serious Illness Conversation Guide

- ♦ When you have difficult conversations with patients, do you sometimes wonder how to start?
- ♦ Are you confident you are discussing patients' prognosis in a way that allows them to really understand what you are telling them?
- ♦ Do you understand their fears and worries, and what is important to them?

This training helps clinicians feel more confident to have quality conversations with seriously ill people.

## Build Your Knowledge Masterclasses

These Masterclasses are for nurses who wish to deepen their assessment skills & palliative care symptom management knowledge. Learning will be through case based discussions and small group problem solving. Each class has a different focus:

1. Lung & Breast cancers, physical assessments
2. Blood cancers, Prostate cancer, Assisted Dying
3. Melanoma, ESRF, Breathlessness
4. MND, Gynae cancers

**NB** Some of these Masterclasses have been run previously, so please check your booking.

## How to Respond to Grieving People

This 2 day workshop is for any health professional who struggles with what to say to people around death & dying. It will explore communication skills, empower strategies and ways to respond when in challenging situations & asked difficult questions.

**NB** You need to be able to attend **BOTH** Day1 & Day 2 Workshops. Fee covers 2 days attendance.

## Resource Nurses Meeting

Networking and education opportunities for Te Whatu Ora and ARC palliative care resource nurses.

**Elms House Training Room**  
Elms House, Cranford Hospice  
300 Knight Street, Hastings 4122

## Bookings Required for all Training

**Kaikahaere Ratonga Matauranga -  
Education Services Manager: Shri Lingappa**

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Te Kahu Pairuri o Cranford  
ki Te Matau-a-Māui

## Cranford Hospice Trust Education Services

# External Training Programme 2024



*Sharing resources & knowledge to ensure the  
wellbeing of all people.*

**Website:** [www.cranfordhospice.org.nz](http://www.cranfordhospice.org.nz)

**Email:** [education@cranfordhospice.org.nz](mailto:education@cranfordhospice.org.nz)

Course	Fee	Venue	Time	Max. No.	EXTERNAL - Calendar of Training 2024											
					Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
<b>FOPC Workshop 1</b> The Palliative Care Approach	\$25	Elms	1-4pm	16				10			17	7				
<b>FOPC Workshop 2</b> Managing Pain & Long-term Illnesses plus Pharmacology	\$25	Elms	12.30-5pm	16					15				11			
<b>FOPC Workshop 3</b> Care & Support at the End of Life	\$25	Elms	1-4pm	16						5				16		
<b>Advance Care Planning Level 1 A</b>	-	Elms	8.15am-3.30pm	12			22					1		10		
<b>Palliative Care for Caregivers Course</b>	\$85	Elms	9am-4.30pm	16					23				3			
<b>Syringe Driver Initial/ Blended Practical Session</b>	\$65	Elms	2-3.30pm	6		21		17		26	24	28	18	23	20	
<b>Syringe Driver Refresher</b>	\$25	Elms	2-3.30pm	12			27			19			25			
<b>HNZ Palliative Care Lecture Series</b>	-	Online	7.30-8.30am			1	7	4	2	6	4	1	5	3	7	5
<b>Build Your Knowledge Masterclass</b>	\$85	Elms	9am-4.30pm	16						#1 13		#2 22	#3 19			
<b>How to Respond to Grieving People (2 days)</b>	\$85	Elms	9am-1pm	12					1: 2/5 2: 9/5						1: 12/11 2: 19/11	
<b>Serious Illness Conversation Guide</b>	\$65		8.45am-1pm	5				8		18		20			26	
<b>Palliative Care Resource Nurses Meeting</b>	-	Elms	1-3.30pm				21						5			